



Frequently asked questions about Birth Control

* Why should I choose an Oral Contraceptive?

* Benefits: milder, more regular periods

* Reduced risk of: ovarian cysts, noncancerous breast cysts, ectopic pregnancy, endometrial cancer, and ovarian cancer

A good way to determine if an OC is the right choice for you and which OC might be best, is to answer a few basic questions:

1. Are you considering an oral contraceptive as a form of birth control?
2. Have you ever been on birth control pills?
3. Are your periods irregular?
4. Are your periods heavy?
5. Do your periods last 5 days or more?
6. Do you suffer from acne?
7. Do you smoke?
8. Are you currently taking any other medications?
9. Do you have a family history of blood clots, stroke, or hypertension?
10. Do you have a family history of breast cancer?