



Thank you for choosing The Center For Women's Health for your healthcare needs

**We are small enough to care
and large enough to make a difference!**

* *Care Plans:* During your first visit to The Center For Women's Health, you will meet your nurses and have routine tests performed. Shortly after that first visit, you will return to meet your physician and have an initial exam. Your doctor will have the results from your tests and will discuss those results, answer your questions, and provide a care plan for you throughout your pregnancy.

* *Ultrasounds:* You will receive two ultrasounds- one at 16-18 weeks into your pregnancy and a second at 28-32 weeks into your pregnancy. Additional ultrasounds may be performed according to your medical needs.

* *Office visits:* Initially, you will see your doctor every four weeks. During the 28-36th week period of your pregnancy, you will see your doctor every two weeks. After week 36, you will visit with your doctor every week until delivery.