

	<b>Skin Typing</b>
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**NAME**

**DATE**

Please answer the following questions by circling the number which best describes you. Your clinician will total the score during the consultation.

<b>My ethnic origin is closest to: (check one)</b>	I. Very fair (Celtic and Scandinavian)	
	II. Fair-skinned Caucasians with light hair and light eyes	
	III. Pale-skinned Caucasians with dark hair and dark eyes	
	IV. Olive-skinned (Mediterranean, some Asian, some Hispanic)	
	V. Dark-skinned (Middle Eastern, Hispanic, Asians, some Africans)	
	VI. Very dark-skinned (African)	
<b>My eye color is:</b>	Light blue 0	
	Blue/green 1	
	Green/gray/golden 2	
	Hazel/light brown 3	
	Brown 4	
<b>My natural hair color at age 18 was:</b>	Red 0	
	Blonde 1	
	Light brown 2	
	Dark brown 3	
	Black 4	
<b>The color of my skin that is not normally exposed to sun is:</b>	Pink to reddish 0	
	Very pale 1	
	Pale with a beige tint 2	
	Light brown 3	
	Medium to dark brown 4	
	Dark brown-black 6	
<b>If I go out into the sun for an hour or so without sunscreen and have not been out in the sun for weeks, my skin will:</b>	Burn, blister and peel 0	
<b>change</b>	Burn, then when the burn resolves there is little or no color change 1	
	Burn, but then turns to tan in a few days 2	
	Get pink, but then turns to tan quickly 3	
	Just tan 4	
	Just gets darker 5	
	My skin color is so dark I can't tell 6	
<b>When was the last time the area to be treated was exposed to natural sunlight, tanning booths or artificial tanning cream?</b>	Longer than one month ago 0	
	Within the past month 1	
	Within the past two weeks 3	
	Within the past week 4	
	<b>Total Score:</b>	

<b>If your score is:</b>	<b>Your skin type is:</b>	<b>Notes:</b>
0 - 3	I	
4 - 7	II	
8 - 11	III	
12 - 15	IV	
16 - 19	V	
20 - 24	VI	